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The Christian Education Journal is a peer reviewed journal published twice a year by Talbot School of Theology, Biola University, in cooperation with the North American Professors of Christian Education (NAPCE). The purpose of the journal is to strengthen the conception and practice of Christian education in church and para-church settings through:

1. Encouraging reflection on the foundations of Christian education and implications for ministry practice
2. Exploring the integration and application of social science theory and research to educational ministry concerns
3. Fostering improved teaching in the field of Christian education at colleges and seminars, equipping people for leadership in this field
4. Promoting the assessment of our changing cultural context and of contemporary educational ministry needs, models, and trends
5. Providing reviews of new books in the field of Christian education and other related disciplines that impact educational ministry.

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GROWING DISCIPLES IN COMMUNITY

Kathleen Beagles
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Abstract: This article explores the correlation between adolescents' spiritual growth and discipleship and the attitudes and beliefs of family, friends, and the local congregation in their role of equipping/discipling these youth. The data is drawn from a recent secondary data analysis of the Valgencestasis study conducted in the year 2000 among junior high and high school students attending Seventh-day Adventist schools in North America. The analysis indicates that the discipling/equipping attitudes and behaviors of family, friends, Christian teachers, and the local congregation are significant in explaining adolescents' responses to indicators of personal discipleship.

Key words: discipleship, adolescents, discipling, church life, intergenerational

Purpose of the Study

It was hypothesized that an increase in adolescents' reporting of the discipling behavior in the family, with friends, with Christian teachers, and in the local church congregation would correlate with increased self-reported scores by the adolescents in personal processes involved in discipleship. A model depicting this possible correlation was developed by this author called the Growing Disciples in Community Model. The purpose of this study was to investigate the validity of the model with a population of adolescents attending Seventh-day Adventist junior high and high schools in North America.

Literature Review

Discipleship Models

Currently, discipleship literature and models are focusing strongly on what Hull (2006) calls "environmental discipleship," also called "psychological discipleship" or "relational discipleship." In discussing spiritual formation, Crabb (1999), Gorman (2002), and Wilhoit (2008), utilize relational images such as community and family. J. D. Jones (2006) speaks of discipleship in terms of traveling together, also a relational approach. These models of discipleship can ultimately be traced to two processes: how humanity connects with and relates to God, and how people connect with and relate to the rest of humanity. Further insights about discipleship that have been selectively borrowed from the therapeutic world come from the work of Cloud and Townsend (2001), Crabb (1997), Holmes (2006), and Holmes and Williams (2007a, 2007b).

General guidelines for discipling one another were first outlined in Deuteronomy. The Israelite tribes or families to whom the Shema (Deut 6:4–9) was originally addressed were a large extended network of believers living in a pagan culture who were being told to see it that God's law was written on their own hearts and then to intentionally walk alongside their children (or the less mature among them) as they all grew into spiritual maturity. The small, nuclear family in our post-Judeo-Christian culture is quite different from the Hebrew family Moses was addressing in Deuteronomy; rather, the church as a family is much more similar to Moses' audience than are the social units we usually call "family" today.

Hellerman (2009), in his book When the Church Was a Family, draws on the sociology of the Mediterranean family to make this concept clear. One of Hellerman's points is that the communal, familial nature of the church requires that its members be involved in discipling one another in everyday life, such as "when you sit in your house and when you walk by the way and when you lie down and when you rise up" (Deut 6:9, NASB). This is a far different picture from the common understanding of Christians as consumers of religious goods and services (Hull, 2006; Willard, 1990).

Petersen's (1993) model of discipleship and discipling, which builds on Paul's counsel to the church in Thessalonica, explains aspects of the dynamic of church-family discipling. Petersen notes that the family discipling approach looks different at various developmental levels of disciples. In 1 Thessalonians 2:7–10, for example, the disciple is described as a little child, and the discipler is to be "gentle among you, as a nursing mother tenderly cares for her own children." In 1 Thessalonians 2:11, Paul describes the adolescent-stage disciple; the discipleship prompting that this group needs is that of a father "exhorting and encouraging and imploring." As the disciples grow and mature, they become brothers and sisters (see 1 Thess 1:6–10 and 2:13–16), that is, peers, standing "shoulder to shoulder."

The goal, of course, is maturity in Christ, that is, spiritual growth that happens over time and may or may not coincide with physical development. Different stages of spiritual growth require different roles to be taken by the discipler. Eventually everyone is both discipled and discipler—brothers and sisters growing together toward fullness in Christ. The letter to the Ephesians sums it up with these words:
As a result we are no longer to be children, tossed here and there by waves carried about by every wind of doctrine . . . but speaking the truth in love, we are to grow up in all aspects into Him who is the head, even Christ, from whom the whole body, being fitted and held together by what every joint supplies, according to the proper working of each individual part, causes the growth of the body for the building up of itself in love. (Eph 4:14–16)

Discipling Adolescents

One specific group of those who need “to grow up in all aspects into Him” would be the adolescents in the church. They are both developmentally and spiritually younger believers who have a very recognizable need to have other maturing disciples come alongside them in their spiritual journey.

Boyatzis and Janicki (2003) point out that it “takes a village” to socialize a child, and the family, for better or for worse, is the first village. However, as Goodall states, “family is too fragile an institution to bear the burden of responsibility placed upon it” (as cited in Collinson, 2005, p. 194). The second village must be the other Christians in a child’s life—friends, teachers, and local church.

As the Commission on Children at Risk (2003) made plain after empirically investigating “the social, moral, and spiritual foundations of child well-being,” a crisis among children and young people in the culture in general is being caused by “a lack of connectedness . . . close connections to other people, and deep connections to moral and spiritual meaning” (p. 5). The compilers of the Children at Risk report conclude, “What can help most to solve the crisis are authoritative communities” (p. 6). Their short definition of this term is “groups that live out the types of connectedness that our children increasingly lack. They are groups of people who are committed to one another over time and who model and pass on at least part of what it means to be a good person and live a good life” (p. 6). This definition sounds very much like communities of faith, that is, churches.

For spiritual growth and development, Oman and Thoresen (2003) suggest creating opportunities for persons to “establish effective relationships with . . . spiritual models whose lives facilitate the observational learning of important spiritual skills” (p. 158). Although Oman and Thoresen were speaking about spirituality in a much broader sense than understood by evangelical Christians, what more important place for these opportunities to take place than the local Christian congregation? Collinson (2005) reflects, “The stimulation of learning from close, personal relationships between individuals, partners, small groups and a larger community offers opportunities for learning which appeal to the deep social, emotional and psychological needs of humanity” (p. 103).

Fortunately, adolescents are desirous of these personal relationships. Nuesch-Olver (2005) discovered in qualitative research on college freshmen at a Christian university that “to a person, they used language that clearly illustrated their conviction that relationships were of higher importance in the shaping of their faith than programming” (p. 101). And further, the research revealed that all the students who had steady habits of prayer and Scripture reading described having had a relationship with a mentor who modeled a love relationship with Christ.

A caution for relying on “observational learning of important spiritual skills” (Oman & Thoresen, 2003, p. 158), however, is based on the same learning theory that makes it a powerful strategy—hidden curriculum. Collinson (2005) comments, “Desirable attitudes and values are influenced more by the hidden curriculum than by intentional teaching” (p. 189). Unfortunately, the converse is also true—undesirable attitudes and values are also influenced more by hidden curriculum than by intentional teaching. Religious socialization as a method of “prompting discipleship” (Samra, 2003) breaks down when the disciplers themselves are not growing in the strength of their connection with God and others, understanding of God through His Word, and in involvement with ministering to others by participating in God’s mission of revelation, reconciliation, and restoration.

Once again, the Shema gives the methodology: “And these words, which I am commanding you today, shall be on your heart [emphasis added]; and you shall teach them diligently to your sons and shall talk of them when you sit in your house and when you walk by the way and when you lie down and when you rise up” (Deut 6:6–7).

Being a disciple is not a solitary experience. The very nature of discipleship compels one to interact with others to bring them along the journey. Christ’s call to follow Him is integrally linked to His commission to make and teach still other disciples. It is in the community of disciples where newer and younger disciples are nurtured and instructed.

Methodology

This study is a secondary data analysis of the Valuegenesis study conducted in the year 2000 among junior high and high school students attending Seventh-day Adventist schools in North America. The analysis was carried out in order to investigate the validity of the Growing Disciples in Community Model.
The Growing Disciples in Community Model consists of two major components: the personal processes of discipleship, and the corporate process of discipling. The personal processes of discipleship include the person

- connecting with God and with others
- coming to a deepening understanding of God through His Word, and
- developing a deepening connection with others through ministering and service.

The corporate process of discipling—called equipping in this model—is an implicit part of the ministering aspect of discipleship and thus incumbent upon all disciples as they intentionally walk "alongside other disciples in order to encourage, equip, and challenge one another in love to grow toward maturity in Christ" (Ogden, 2003, p. 129). It was hypothesized that an increase in adolescents' reporting of the discipling behavior in the family, with friends, with Christian teachers, and in the local church congregation—that is, equipping—would correlate with increased self-reported scores by the adolescents in personal processes involved in discipleship.

The Valuegenesis' data included items measuring the two major components of the Growing Discipleship in Community Model: (a) self-reported beliefs and attitudes that could be interpreted as indicators of discipleship and (b) the students' perception of equipping/discipling attitudes and actions in their relationships with family, friends, Christian teachers, and their local church congregations (see Appendix). Examples of items from the Valuegenesis' survey that gauge belief and attitudes regarding the students' discipleship include the following:

- I know that God loves me no matter what I do (understanding).
- I am loved by God even when I sin (understanding).
- I feel a deep sense of responsibility for reducing pain and suffering in the world (ministering and service).
- How often during the last year did you help people who are poor, hungry, sick, or unable to care for themselves (ministering and service)?

Items that gauge students' perceptions of equipping/discipling attitudes and actions among their family, friends, Christian teachers, and their local church congregations include the following:

- How much has your mother's faith helped you develop your religious faith?
Findings

Structural equation modeling procedures using Amos 7 software indicated that the covariance matrix for the conceptual model fit the covariance matrix for the structural model, thus indicating empirical support for the Growing Disciples in Community Model.

The significant relationships among the variables in the model indicated that the "Equipping" (exogenous, latent variable) or discipling attitudes and behaviors of Christians in the lives of adolescents (family, friends, Christian teachers, and local church members) explains 72% of the "Connecting" (endogenous, latent variable), and the "Connecting" variable then explains 42% and 29% of the "Understanding" and "Ministering" variables, respectively (see Table 1).

1. The theoretical covariance matrix and the empirical covariance matrix were found to be consistent, which indicates that there is empirical support for the Growing Disciples in Community Model.

2. Significant relationships (correlations) were found among the variables of the model.

3. The validity of the model was also found to be stable across demographic characteristics such as gender, ethnicity, grade levels, and even at-risk behaviors (provided the sample size was greater than 100).

Discussion

The analysis indicates that the discipling/equipping attitudes and behaviors of family, friends, Christian teachers, and the local congregation are highly correlated with adolescents' personal discipling in this study.

So what would be different if the Christian church put into practice a church-family equipping model of discipling and discipling according to Deuteronomy 6:4–9, 1 Thessalonians 1 and 2, and Ephesians 4:14–16? And, how, if at all, might it foster or nurture discipling in young people?

To answer another question, what better place for "authoritative community" to exist than the local Christian church? Not only do Christian young people need this type of community beyond their nuclear family, but these communities could be the very agency that could fill this need for the children and young people of our modern culture who are not already part of church "family" and who have no other authoritative community of any kind.

The ideas of "authoritative communities" (Commission on Children at Risk, 2003) and "observational spiritual modeling" (Oman & Thoresen, 2003) are practical applications that Christian families, Christian teachers, and the local church congregation could all make in their attempts to
improve their equipping/discipling of adolescents. The bedrock of this equipping, however, needs to be the local church congregation.

The family is, of course, the “first village” that socializes children. However, parents themselves need to be discipled and equipped somewhere so that they learn the skills of spiritual modeling. And, although families are also the best authoritative communities, the secular culture and the decline of the extended family (even the nuclear family) make the potential of having many family-based authoritative communities slim at best.

Christian friends, who were the group registering the strongest correlation with the equipping/discipling of other adolescents, also need an authoritative community mentoring them so that the strong correlation (.93) between their equipping behaviors and their friends’ discipleship is a positive one.

Christian schools are primarily a part of, or strongly affiliated with, local congregations. If the local congregations do not have a mindset of being authoritative communities that supply observational spiritual modeling, the work of the teachers at the Christian schools is much less effective. And, although the research used in this study was conducted with adolescents attending Christian schools, the reality is that the majority of Christian adolescents do not attend Christian schools. Besides the strength of the Christian parent/family, adolescents need another strong authoritative community to provide opportunities for the spiritual modeling relationships and mentoring to develop.

At present there seem to be few, if any, attempts within local churches to intentionally disciple/equip adolescents within a relational, non-programmatic structure. What might local church congregations do to intentionally come alongside adolescent disciples in order to encourage, equip, and challenge them in love to grow toward maturity in Christ? It appears that it is time for the local Christian church congregation, with or without the guidance of an active youth or family ministry, to accept the role each member plays as part of an authoritative community and thereby a vital part of “what can help most to solve the crisis” (Commission on Children at Risk, 2003, p. 6), as Christians view it, of the low estate of discipleship and the corollary rejection of the church by its young people.

In response to the first Valuegenesis study of Seventh-day Adventist adolescents in 1990, youth ministry expert Steve Case (1993) wrote, “Without question the weakest link is the local congregation. Of the 12 effectiveness factors [to adolescent faith development] in this arena, the 2 most important are a warm, caring environment and a thinking environment” (p. 14). Case decried the lack of youth pastors in the local churches and youth directors in other levels of administration. He equates the lack of these youth professionals to “nobody being home” when he states, “We can rant and rave about the terrible data and the obvious decline in youth ministry, but it’s somewhat like ordering an absent tenant to pay his rent. What good is it to serve notice when nobody’s home?” (p. 14).

However, the Growing Disciples in Community Model points out that there is somebody home. If there is a church, there must be a church member, and if there is a church member, then someone is home. Both research and theory indicate that intentionally supporting healthy, intergenerational relationships for spiritual growth and modeling within the family of God can improve the state of discipleship and youth retention.

Implications for Practice

The church cannot afford to view youth ministry, family ministry, community outreach, support of missions, spiritual growth, and its other ministries and endeavors as isolated initiatives. Everything that is done in the name of Christianity is either facilitating or hindering the growing connections of its young people with God and with others. And, the more closely the young people are involved in all aspects of the life of the church, the more opportunities for and models of connecting vertically and horizontally they are having. It truly does take a village to disciple young people.

According to the Growing Disciples in Community Model, the discipleship of young people can be strengthened by opportunities for the study of God through His Word and outreach opportunities to share their growing love of God with others through the youth ministry, but also by the following:

1. Strengthening the faith walk of parents and teaching them how to share that faith with their children
2. Facilitating and encouraging family service projects
3. Teaching the young people how to function positively within their relationships with one another
4. Strengthening the spiritual growth of Christian school teachers so that every teacher’s faith walk impacts their students and not just the Bible teacher
5. Strengthening the discipleship walk of adults at church so that they are able to create a warm, welcoming, and inclusive atmosphere for everyone, including young people
6. Creating an atmosphere of uncritical exchange of ideas and an openness to honest questions.

Individual adults could have a significant impact on the discipleship of young people in the church family without waiting for church-wide programs and initiatives by such simple behaviors as these:
1. Learning the names of the children and young people in the congregation and greeting them with respect and attention each week.

2. Attending to their own spiritual growth so that they are prepared to be active spiritual mentors and disciplers, or at the very least not to be negative hidden curriculum about what it means to be a joyous and victorious disciple of Christ.

3. Retired church members offering after-school tutoring and care for families with working parents.

4. Single adults offering to be big brothers and big sisters to adolescents whose parent(s) do not have much quality time to give them.

5. Keeping individual young people in daily prayer, even offering to be prayer partners with them.

6. Forming intergenerational small groups in which children and young people can experience spiritual growth not only with their parents, but also with other adults committed both to God and to them.

7. Mentoring adolescents to function in many service capacities within the church.

8. Involving young people in intergenerational community and mission outreach projects.

In the usual age-segregated church culture, it will take intentional planning in order to facilitate intergenerational relationships on a church-wide basis, but the benefit for the entire church would be exponential.

Although I do not share Case’s (1993) emphasis on youth pastors and youth directors for the primary discipling of young people, I do concur with his summative appeal:

[Research] won’t make change happen. It is only an evaluation tool that we will either respond to or ignore. Those who take initiative for a long-term planned change, whether they be a family, local congregation, school, or conference, will be the ones who truly hear today and change the status quo. Those who listen but don’t act will be the foolish ones who hear the warning today but their young people, and their entire church, will be gone tomorrow (Matt 7:24–27). (p. 14)

For Future Research

Of course, both theory and statistics are human creations and thus subject to error. One factor that potentially limits the validity or generalizability of the Growing Disciples in Community structural model is the fact that the observed variables used to explain the latent variables were items created for the Valuegenesis study, which was looking at adolescents and their religiosity.

APPENDIX

VALUEGENESIS2 ITEMS USED IN GROWING DISCIPLES IN COMMUNITY SCALES


<table>
<thead>
<tr>
<th>Item #</th>
<th>Item</th>
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<tbody>
<tr>
<td>1</td>
<td>I help others with their religious questions and struggles.</td>
</tr>
<tr>
<td>5</td>
<td>I feel God’s presence in my relationships with other people.</td>
</tr>
<tr>
<td>6</td>
<td>I feel my life is filled with meaning and purpose.</td>
</tr>
<tr>
<td>11</td>
<td>I have a real sense that God is guiding me.</td>
</tr>
<tr>
<td>13</td>
<td>Which of the following best describes your commitment to Jesus Christ?</td>
</tr>
<tr>
<td>25</td>
<td>How important is it to you to have friends who you can talk to about spiritual things?</td>
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<tr>
<td>37</td>
<td>How often, if ever, do you read the Bible on your own?</td>
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<tr>
<td>104</td>
<td>How important is it to you to be active in the Adventist church?</td>
</tr>
<tr>
<td>105</td>
<td>How important is it to you to show love to other people?</td>
</tr>
<tr>
<td>176</td>
<td>How much do you agree or disagree that you get along with your parents?</td>
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<tr>
<td>197</td>
<td>How comfortable are you in talking with others about your faith and what God means to you?</td>
</tr>
<tr>
<td>234</td>
<td>How much has personal devotions helped you develop your religious faith?</td>
</tr>
<tr>
<td>263</td>
<td>How often in the last few years did you talk to a teacher at school about God or faith?</td>
</tr>
</tbody>
</table>
How often in the last few years did you talk to your mother about faith?
266 How often in the last few years did you talk to your father about faith?
267 How often in the last few years did you talk to a pastor about faith?
272 How interested are you in programs that would help you learn more about gaining a deeper relationship with God?
274 How interested are you in programs that would help you learn more about how to talk with your parents?
275 How interested are you in programs that would help you learn more about how to talk to a friend about faith?
315 It is important to me to spend time in private thought and prayer.
316 I have often had a strong sense of God's presence.
328 Prayers I say when I'm alone are as important to me as those I say in church.

Personal Discipleship Process—Understanding: Learning the truth of God's relationship with humanity through Jesus Christ, the Word (John 8:31; Matt 4:4).
40 I know that God loves me no matter what I do.
41 There is nothing I can do to earn salvation.
45 I am loved by God even when I sin.
53 Salvation is God's free gift to us that we don't deserve and cannot earn.
55 My good works are a response to God's gift of grace.
69 The body is the temple of God, and we are responsible in every area of life for its care.
74 God, the Holy Spirit, teaches us how much we need Jesus in our lives, draws us to Jesus, and makes us like Him.
75 The first man and woman, created as free beings in the image of God, chose to rebel against God. We have inherited their fallen nature along with all its consequences.
76 There is a great controversy taking place between God and Satan. It began in heaven with the rebellion of Lucifer and will continue until the end of time.
77 The church is God's family on earth, a community of faith in which many members, all equal in Christ, join for worship, instruction and service.
84 After the millennium, God will recreate the earth as a perfect, eternal home of the redeemed. Sin will never exist again.

Corporate Discipling Process—Equipping: Intentionally walking "alongside other disciples in order to encourage, equip, and challenge one another in love to grow toward maturity in Christ" (Ogden, 2003) (Eph 4:15–16; Deut 6:4–9).

In the family
247 How much has family worship helped you develop your religious faith?
248 How much has your mother's faith helped you develop your religious faith?
249 How much has your father's faith helped you develop your religious faith?
250 How much has your grandparent's faith helped you develop your religious faith?
253 How much did the family you grew up in help you develop your religious faith?
260 In the last few years, how often did you do or participate in family projects to help other people?

With friends
27 How important is it to you to have friends who encourage you to meet good goals?
28 How important is it to you to have friends who help keep you out of trouble?
30 How important is it to you to have friends who are a good influence on you?
34 How important is it to you to have friends who attend religious services regularly?
251 How much has your friend's faith helped you develop your religious faith?
342 My friends attend church almost every week.
344 My friends belong to church-sponsored groups for teenagers.
345 My friends are very religious-minded.

With Christian teachers
208 Teachers are interested in students.
210 Teachers listen to what their students say.
243 How much has the Bible teacher helped you develop your religious faith?
252 How much has the teacher's faith helped you develop your religious faith?
335 How willing are your teachers at your school to talk about sensitive issues (sex, drugs, etc.)?

In the local church congregation
87 My local church feels warm.
88 I learn a lot there.
89 My church accepts people who are different.
91 My church is friendly.
93 My church encourages me to ask questions.
94 Strangers feel welcome at my church.
95 My church expects people to learn and think.

97 My church provides fellowship.
261 In the last few years, how often did you experience the feeling that adults in your local church care about you?
262 In the last few years, how often did you experience the feeling that youth in your local church care about you?
215 At my church, my teachers or adult leaders know me well.
216 At my church, my teachers or adult leaders are warm and friendly.
218 At my church, my teachers or adult leaders care about me.
258 How much has the church pastor helped you develop your religious faith?

REFERENCES


Implementing Intergenerational Youth Ministry Within Existing Evangelical Church Congregations: What Have We Learned?

Brenda Snailum
Denver Seminary

Abstract: In this modified Delphi study, a panel of four intergenerational ministry experts was interviewed to determine specific factors critical to consider when establishing intergenerational youth ministry within an existing congregation. Their recommendations included (a) make intergenerational community a core value, (b) balance intergenerational with age-specific ministry, (c) make sure all leadership is fully vested, (d) educate the congregation, (e) begin where you are, (f) be intentional and strategic, and (g) include generation and ministry venues. Hindrances included (a) failure to transition to an intergenerational paradigm, (b) lack of understanding the basis/need for intergenerational ministry, and (c) self-centeredness.

Key Words: intergenerational, youth ministry, adolescent spiritual formation, ministry practices

Introduction

Interest in intergenerational ministry is gaining considerable momentum, particularly as it pertains to youth ministry in evangelical Christian churches. There are a growing number of youth pastors and leaders who desire to establish relationships between the youth and adults in their churches, but are unsure and/or uneasy about how to promote intergenerational community within an existing congregation. They typically ask, "How do I get started? How do I get the rest of the congregation involved in this?" Some youth pastors have implemented programs that have been successful (e.g., mentoring programs, family-based youth ministry models). Unfortunately, there are also a number of youth ministry leaders who have attempted to create such a change and have encountered many unexpected obstacles that caused them to abandon the effort altogether. Are there common factors that contribute to their success or failure that can inform future practice?

Over the past decade or so, several prominent ministry leaders and academicians have addressed intergenerational ministry issues from a number of